



FOR IMMEDIATE RELEASE
January 7th, 2015

MEDIA RELEASE

Beware, Prepare and Don't Despair – Workshop for Senior Drivers

Victoria, BC The Victoria Centre of Silver Threads Service is hosting a new Speakers Series. The first workshop is being led by Steve Wallace of Wallace Driving School and is for seniors who would like to take proactive steps to maintain or improve their driving skills. Perhaps you are a senior who has been asked to do a review of your driving or has had a family member express concern about particular driving behaviors. This hour session will help and is for anyone 55 years and better. Join us Friday, January 16th from 2:30 to 3:30 pm at 2340 Richmond Road for this free session.

"We strive to help seniors remain independent, and we support lifelong learning" states Debbie Erb, Centre Director, "all skills, including driving, can be something to brush up on, and we are pleased to have Steve Wallace's assistance and expertise in this area."

Silver Threads Service has been serving the community since 1956. Our Mission: Silver Threads Service is a charitable, not for profit society that enhances social connections and well-being for seniors. We do this by providing programs and services that are accessible to all. Our Vision: Seniors in Greater Victoria are engaged and supported, enhancing their quality of life.

The Speaker Series will be held the third Fridays of each month and will be led by experts in the field of health care, wellness, lifestyle and other topics of interest to seniors.

Space is limited, please call 250 388-4268 to reserve.

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