



**FOR IMMEDIATE RELEASE**  
**February 20th, 2015**

**MEDIA RELEASE**  
**Intimacy, Sexuality & Aging**  
**How can aging affect your sex life?**

**Victoria, BC.** Silver Threads Service is offering a new Speakers Series. On Friday, March 6<sup>th</sup> the topic of Intimacy, Sexuality & Aging will be explored with Dr. Diana Wiley, Ph.D. who offers straight talk about sex after sixty. She explores attitudes/myths; sexual changes in men and women; a multidisciplinary approach for low sexual desire in women; relationship contributing factors; advantages of mature sex; and nine rules for great loving. Join us at the Victoria Centre (2340 Richmond Road) from 1:00 to 2:00pm for this free presentation.

Dr. Diana Wiley is a Seattle-based Board-certified Sex Therapist, a Marriage and Family Therapist (licensed in Washington State and California), and a Gerontologist. When she speaks about aging and sexuality, she highlights that **love, lust and laughter** (also the title of her internet radio show on PROGRESSIVE RADIO NETWORK) need to be prioritized in order to improve longevity and enhance quality of life as we evolve and mature.

In her thirty years of practice, Diana Wiley, Ph.D., has seen thousands of couples, done two studies on aging and sexuality published in medical journals, and was appointed as a Clinton Presidential Delegate to the 1995 **White House Conference on Aging** where she was the only delegate to speak about love and sexuality.

Our Mission - Silver Threads Service is a charitable, not-for-profit society that provides programs and services that enhance social connections and well-being for seniors, including those at risk. It is our vision that seniors in Greater Victoria are socially connected to their community and to each other.

The event is by donation but space is limited. Please call 250 388-4268 to make a reservation.

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