



FOR IMMEDIATE RELEASE
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MEDIA RELEASE

Online Dating for Seniors

Victoria, BC. Online dating has increasingly become the norm as a way to meet and connect and build a relationship. No matter what your age, people are social beings and we thrive when we connect. What do you do if you are single, older and ready to date, how best to navigate the internet to find a companion? Silver Threads Service is providing a session on Online Dating for Seniors on Tuesday, June 9th from 1:00 to 2:30pm at the Victoria Centre 2340 Richmond Road.

Facilitator Jennifer Cairns from eGurus will share tips on writing a profile, which sites are available, what to look out for and what you might expect. The workshop is designed to provide basic information for the novice as well as advice for those who have given dating online a try. Come prepared to learn in a relaxed and open environment. As Jennifer states "Companionship is very important at any stage in life and online dating provides a great opportunity to make that happen. It is not just for the young, 20% of the online dating community is seniors. It's not all about looking for romance; great friendships can develop from these sites. Just because you're over 65 and alone doesn't mean you have to stay alone."

Silver Threads Services Online – Technology Program is designed to increase seniors comfort levels and training with computers and technology through a series of workshops and classes. The charge for the workshop is \$5. Register by calling 250 388-4268.

Our Mission - Silver Threads Service is a charitable, not-for-profit society that provides programs and services that enhance social connections and well-being for seniors, including those at risk. It is our vision that seniors in Greater Victoria are socially connected to their community and to each other.

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