



December 2014

# NEWSLETTER

## Special Holiday Programs

The **Saanich Centre** will be open this year between Christmas and New Years on the following dates.

**Wednesday, December 24th 8:30 to 1:00**  
**Monday, December 29th 8:30 to 4:00pm**  
**Tuesday, December 30th 8:30 to 4:00pm**  
**Wednesday, December 31st 8:30 to 1:00pm**

Come and watch an afternoon movie, bring friends for Soup with Santa or come by for coffee and a chat. We will be here for you! Both regular and special programs will be on offer for all Silver Threads members. Please see the insert for special programming listings and centre closure dates.

*“The joy of brightening other lives, bearing each others' burdens, easing other's loads and supplanting empty hearts and lives with generous gifts becomes for us the magic of Christmas.”*

**W. C. Jones**



## Festival of Trees

Head down to the Fairmont Empress and view Silver Threads' beautiful tree with ordainments hand crafted by the Victoria Centre Craft Class.

“Our class is a labour of love” says Anna Manser the craft program instructor, “the atmosphere in the class is one filled with fun and laughter.”

Special thanks to our **Elves:** Margaret Blair, Phyllis Fliczuk, Maurina Joaquin, Gloria & Rene Lanche, Pat Fenske, Rochelle Bricker, Sheryl Boyde, Wendy Joans, Lu Reed, Sylvia, Vinny Vipond, Donna Muir and every other helper for creating such beautiful Christmas balls.

## Free Christmas Concert at The Victoria Centre

You are invited to a free Christmas Concert featuring Louise Rose and the musical group “Wine and Roses.” Join us for coffee, tea, and treats and an enjoyable afternoon!

When, you ask?

On Thursday, December 4th, from 2:00 until 4:00pm at the Victoria Centre on 2340 Richmond Road.

Please RSVP by calling 250-388-4268 or email [vicreception@silverthreads.ca](mailto:vicreception@silverthreads.ca)



[www.silverthreads.ca](http://www.silverthreads.ca)

## A Style All Her Own

For over a year now the Saanich Centre has been gifted with the decorating and design talents of volunteer Rolly (short from Rollande) Beaugard. Rolly has been doing the table centre pieces for our Guess Who's Coming to Dinner evenings. These centrepieces then become the decorations for our lunch room until the next dinner when a new theme is created.

Rolly, and a team of other volunteers, are also responsible for the seasonal decorations throughout the centre for Halloween and Christmas. Come and see how they transform the Saanich Centre into a veritable wonderland in December.

Rolly has a degree in Interior Design and has been working as a designer for over 30 years now. She owned her own business, "Design Talk", which operated both in Toronto and Victoria. As well as owning her own design business, Rolly has worked as a translator, ran a Bed & Breakfast, and was the president of the Women's Business Network.

After retiring, Rolly was looking to do some volunteer work, specifically wanting to work with seniors. We are thrilled that she found Silver Threads and appreciate her creative decorations that bring joy and life to our centre.

**Thank you Rolly!**

## FYI Holiday Events

1.) The Victoria Good News Choir presents: Simple Gifts— An Old Fashioned Carol Sing-along with Special Guests

- ◇ The Conservatory Vocal Jazz Ensemble
- ◇ Centre Middle School Choir directed by Marianne Ing



Rolly Beaugard taking part in the Volunteer appreciation party.

Tuesday December 9th, 2014, 7:00pm at Cordova Bay United Church, 813 Claremont Ave. Tickets are \$15 in advance from IVY's Book shop on Oak Bay Ave. or at Tanner's Books in Sidney. \$20 at the door. Children under 12 are free.

Directed by Lousie Rose. For more information call 250-658-1946, email [info@victoriagoodnewschoir.com](mailto:info@victoriagoodnewschoir.com), or visit [victoriagoodnewschoir.com](http://victoriagoodnewschoir.com).

2) Central Saanich Lawn Bowls Club Christmas Craft Fair.

Homemade baking and preserves— some already packaged in Christmas bags and boxes. Also beautiful handmade crafts that include knitted and sewed items, woodworking, jewellery, children's toys and clothing. Come out and get your Christmas baking and gifts all in one shopping trip!

When: Saturday December 6th/14, 9am until 2pm at Central Saanich

At Lawn bowls Club, 1800 Hovey Rd. For more information contact Valerie Chabot at (250)652-5978 or [royvalchabot@yahoo.ca](mailto:royvalchabot@yahoo.ca).

3) Christmas in Cowichan Bus Tour by Island Times Tours Ltd. Leaving from the Hotel Grand Pacific on December 19th. This tour takes you to ride the Christmas Train in the Cowichan Valley and stops at Marridale Estate Cidery for dinner and to view the lights. The cost is \$99. For more information, including times, Please call Colleen at 250-477-3322.

## Touch Hands

Ah friends, dear friends,  
As years go on and heads get  
gray,  
How fast the guests do go!  
Touch hands, touch hands,  
With those that stay.

Strong hands to weak,  
Old hands to young,  
Around the Christmas board  
Touch hands.

The false forget, the foe forgive,  
For every guest will go  
And every fire burn low  
And cabin empty stand.

Forget, forgive,  
For who may say that  
Christmas Day  
May ever come to host or  
Guest again.

Touch hands!



By: William Henry Harrison Murray

Submitted by: Marilyn P.  
(Silver Threads Member)

## Celebrate a Life

The holiday season is a time for sharing memories and remembering family and friends. Victoria Hospice invites you to remember your loved ones by hanging a personalized tribute card on one of our Celebrate-a-Life trees at: Hillside Centre (next to Scotiabank), December 1<sup>st</sup> - 12<sup>th</sup>

Hospice volunteers will be on hand at Hillside to assist you with this holiday tradition.

Also, Join us for the: Celebrate-a-Life Non-Denominational Memorial Service at the University of Victoria Interfaith Chapel. Sunday, December 14th, 3-4pm

And remember, if the holidays are a time when you find yourself missing a loved one or you notice grief resurfacing. Hospice Bereavement services are always available. Book a free counselling session by calling (250)370-8868 or email [Hospice.Bereavement@viha.ca](mailto:Hospice.Bereavement@viha.ca).



VICTORIA  HOSPICE



## Tree of Hope

Do not forget, that we are looking for donations such as scarves, mitts, gloves, socks, and non-perishable food items to decorate our two "Trees of Hope" located at both the Victoria and Saanich Centres. Bring in any donations and place them on or under the tree and they will be donated to Our Place, Street Link, and The Mustard Seed Food Bank.



This drawing was done by 6-year old Lucy, the grand-daughter of Julie McGaghey, Assistant Director at the Saanich Centre. Lucy was given a school assignment in which she had to interview someone working in the human service field, and she chose her Grandma!

## Looking to Volunteer this Holiday Season

The Mustard Seed of Victoria is seeking friendly individuals to volunteer as gift wrappers for their Spirit of Giving Campaign. They are currently in need of volunteers to fill a variety of daytime/evening and weekend shifts as gift wrappers at the Tillicum, Mayfair, Hillside and Bay Center Malls through the month of December. The volunteers will wrap shoppers purchased gifts in exchange for a monetary donation towards The Mustard Seed. Key Responsibilities are accepting donations and wrapping gifts. Requirements: Gift wrapping experience and Fluent oral/written English skills .

Contact Kevin Mack at 250-220-6991 or email [kevin@mustardseed.ca](mailto:kevin@mustardseed.ca) to get involved.

### The Mustard Seed Food Bank

is a non-profit organization devoted to fighting hunger and restoring faith in Greater Victoria.

## Are you a Senior looking for work?

Silver Threads Service offers Experience Works—a project to help those 55 + gain employment. Sign up to receive our weekly HotSheet: A custom newsletter of current job postings in Victoria sent via email. Not only will you be kept up to date on the employment opportunities in Victoria, but you will also hear about and have a say in our upcoming employment related workshops and training.

Struggling to make a resume or cover letter? Make an appointment to get some advice on writing, formatting, and creating a professional resume.

Contact Dustin at 250-388-4268 or email at [vicreception@silverthreads.ca](mailto:vicreception@silverthreads.ca)

## Silver Threads Staff

- Tracy Ryan - Executive Director
- Jean Birtwistle - Executive Assistant
- Debbie Erb - Victoria Centre Director
- Dustin Lockhart - Victoria Centre Assistant
- Anne Nelson - Saanich Centre Director
- Julie McGaghey - Saanich Assistant Director
- Lisa Coulson - Program Coordinator
- Brian Penner - Saanich Chef

## Silver Threads Locations

**Saanich Centre**  
 286 Hampton Road  
 Victoria, BC V8Z 1H1  
 Phone: 250 382-3151

**Victoria Centre**  
 2340 Richmond Road  
 Victoria, BC V8R 4R9  
 Phone: 250 388-4268

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