



## COVID – 19 Update April 22, 2020

During the COVID – 19 Pandemic Silver Threads Service will provide support to seniors and recommend following the advice of our Government and Health Officials.  
Stay home, wash your hands and be safe.

Thanks to the Rapid Relief Fund lead by The Victoria Foundation, the Jawl Foundation and the Times Colonist and the Greater Victoria community for their fundraising efforts that have provided funds to Silver Threads Service for our Meal Program for seniors during the Pandemic.  
<https://www.timescolonist.com/news/local/rapid-relief-fund-delivers-1-million-to-community-groups-1.24121282>

With this generous donation and support from our community partners we are able to provide frozen meals prepared by the Island Health Authority Soup-er Meal Program, breads from Cobbs Bread Bakery and produce from the Food Share Network.

During this challenging time it is our intention to do what we can to help those in our community. If you or someone you know is in need of support, please let us know. At Silver Threads we accept people and whatever they are facing without judgement. None of us can fully know what our neighbours and friends may be struggling with, and right now there is no shortage of struggles. If having a good meal from Silver Threads eases a worry for someone, it is the least we can do.  
To quote Dr. Bonnie Henry "*Be calm, be kind, be safe.*"

We want to make sure we all come through this. Know that we will.

Stay well!  
Sincerely, all of us at Silver Threads Service

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*stay active • stay healthy • stay connected*

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