



Program Schedule

Victoria Centre

Pre-registration is required for all programs . Please sign up by calling 250 388-4268.

Book and Puzzle Lending Library is available during operating hours

Food Share available at Victoria Centre during operating hours

Book a drop in time for our Craft Studio on Wednesday afternoons and Thursday mornings

Monday

10:00am to 11:00am	Functional Fitness	\$4 members \$6 non-members
11:30am to 12:30pm	Beginners Line Dance - ongoing	\$4 members \$6 non-members
12:50pm to 1:50pm	Line Dance Beginners Plus - starts October 19th 4 classes	\$16 members \$24 non-members
1:00pm to 2:00pm	Brain Games - starts October 19th 4 classes	\$16 members \$24 non-members

Tuesday

10:00am to 11:00am	Book Club	\$2 members \$5 non-members
1:00pm to 2:00pm	Musical Bingo and More!	\$4 members \$6 non-members

Wednesday

10:00pm to 11:00am	Functional Fitness	\$4 members \$6 non-members
1:00pm to 2:15pm	Craft and Connections - October 28th - 'Zentangle'	\$4 members \$6 non-members
2:00pm to 3:00pm	Together In Movement and Exercise (TIME) Oct. 7 - Nov 4 (5 Classes)	\$52.50

Thursday

10:00am to 11:30am	Living Life to The Full Canadian Mental Health Association (Session has started)	\$30
1:15pm to 2:15pm &	Chair Yoga - starts October 15th 4 classes <i>New! — Second class added - 2:30pm to 3:30pm</i>	\$35members \$52.50 non-members

Friday

9:30am to 2:00pm	Table Tennis - singles 1hr time slots available	\$2 members \$5 non-members
10:00am to 11:30	Random Crafts of Kindness	\$2members \$5 non-members
12:30pm to 2:00pm	Chinese Brush Painting	\$2members \$5 non-members