



January 2021

# Program Schedule

## Victoria Centre

**Pre-registration is required for all programs. Please sign up by calling 250 388-4268.**

**Book and Puzzle Lending Library is available during operating hours**

**Food Share available at Victoria Centre during operating hours**

**Book a drop in time for our Craft Studio on Wednesday afternoons and Thursday mornings**

### Monday

10:00am to 11:00am	<b>Functional Fitness</b>	\$4 members \$6 non-members
1:00pm to 2:00pm	<b>Brain Games</b> - January 11th to February 1st (4 classes)	\$16 members \$24 non-members

### Tuesday

10:00am to 11:00am	<b>Book Club</b>	\$2 members \$5 non-members
1:00pm to 2:00pm	<b>Enjoying My Community</b> - Bi-Weekly Starts February 2nd	No charge

### Wednesday

10:00am to 11:00am	<b>Functional Fitness</b> - Resumes January 13th	\$4 members \$6 non-members
--------------------	--	-----------------------------

### Thursday

1:30pm to 3:00pm	<b>Living Life to The Full</b> Canadian Mental Health Association (January 28th to March 18th)	\$30
1:15pm to 2:10pm & 2:30pm to 3:25pm	<b>Chair Yoga</b> - January 14th to February 4th	\$35 members \$52.50 non-members

### Friday

9:30am to 11:30	<b>Random Crafts of Kindness</b>	\$2 members \$5 non-members
12:30pm to 2:00pm	<b>Chinese Brush Painting</b>	\$2 members \$5 non-members