



January 2022 Program Schedule Saanich Centre

Schedule follows all current Provincial Health Orders and will be revised after January 18th and as orders change.

Monday	Tuesday	Wednesday	Thursday	Friday
Line Dance: Beginner - on hold 9:30am to 10:45am	Silver Threads Singers Starts January 18 9:30am to 11:00am	Carpet Bowling Starts January 5th 9:30am to 11:00am	Woodcarving Starts January 6th 9:30am to 11:00am	Carpet Bowling Starts January 7th 9:30am to 11:00am
Woodcarving Starts January 3rd 9:30am to 11:00am	Table Tennis - on hold 9:30am to 11:30am	Snooker Starts January 5th 9:30am to 12:30pm	Functional Fitness - on hold 10:00am to 11:00am	Table Tennis - on hold 9:30am to 11:30am
Floor Shuffleboard Starts January 3rd 10:00m to 11:30am	Victoria Computer Club Starts January 4th 9:30am to 11:30am	Ukulele: Absolute Beginner Starts January 12th 9:30am to 10:30am	Seated Exercise - on hold 11:15am to 12:00pm	Victoria Computer Club One to One Starts January 7th 9:30am to 12:30pm
	Watercolour Workshop Starts January 11th 10:00am to 12:00pm	Walking Group Starts January 5th 10:00am to 11:00am	Foodshare Starts January 6th 11:00am to 1:00pm	
Social Bridge Starts January 3rd 12:00pm to 2:30pm	Snooker Starts January 4th 12:30pm to 3:30pm	Line Dance: Intermediate - on hold 10:00am to 11:30am	Floor Shuffleboard Starts January 6th 1:00pm to 2:30pm	Pickleball - on hold 1:00pm to 3:00pm
Duplicate Bridge Starts January 3rd 12:30pm to 3:30pm	Learning For Life January 25th 1:00pm to 2:30pm	Ukulele: Experienced Starts January 12th 10:45am to 11:45am	Table Games Starts January 6th 1:00pm to 3:30pm	Zumba Gold -on hold 1:15pm to 2:15pm
Fusion Fitness - on hold 1:00pm to 2:00pm	Tai Chi Therapy - on hold 1:00pm to 2:00pm	Pickleball (Coached) - on hold 1:00pm to 3:00pm		Jubilee Clarinet Choir - on hold 1:30pm to 3:30pm
	Weaving Starts January 4th 1:00pm to 3:00pm	Memory PLUS Starts January 19th 1:00pm to 3:00pm		
	Afternoon at The Movies January 18th 1:00 pm to 3:00pm			

■ Weekly/Bi-weekly Program

■ Registered classes

■ Monthly Program

All programs require pre-booking or pre-registration. Please call 250 382 3151 for more information or to book.

We are located at 286 Hampton Rd. Victoria BC V8Z 1H1



January 2022 Program Schedule Saanich Centre

(250) 382 - 3151

All programs require full COVID-19 vaccination status

M = Member rate, NM = Non-Member rate

All programs are subject to GST and will be added at time of sale.

Registered Programs

Line Dance: Beginner - 6/ \$42 M, \$60 NM
On hold until after January 18th

Line Dance: Intermediate - 6/ \$42 M, \$60 NM
On hold until after January 18th

Memory PLUS - 8/ \$72 M, \$104 NM
Wednesdays, January 19th to March 9th (**Full**)

Tai Chi Therapy - 6/ \$54 M, \$78 NM
On hold until after January 18th

Ukulele: Absolute Beginner 6/ \$54 M, \$78 NM
Wednesdays, January 12th to February 16th

Ukulele: Experienced - 6/ \$54 M, \$78 NM
Wednesdays, January 12th to February 16th

Watercolour Workshop - 4/ \$80 M, \$96 NM
Tuesdays, January 11th to February 1st (**Full**)

Zumba Gold - 6/ \$54 M, \$78 NM
On hold until after January 18

Additional Services and Programs

Silver Spoons Café

Our commercial kitchen is open daily from 9:00am to 1:00pm, providing hot beverages, baked goods, soup and sandwiches.

Treasure Trove Thrift Store

Open 11:00am to 1:00pm Monday, Tuesday, Thursday and 11:30am to 1:00pm Wednesday and Friday.

Library

Our library is open daily from 9:00am to 3:30pm (excluding times where programs are booked in the space). You're welcome to borrow books and puzzles and to return them when you're done.

Telephone Reassurance Program

A program for seniors living alone who would like the comfort of having a volunteer check in via phone weekday mornings to ensure they are okay.

Weekly + Bi-Weekly Programs

Bridge, Social and Duplicate - \$2M, \$5NM

Carpet Bowling - \$2M, \$5NM

Floor Shuffleboard - \$2M, \$5NM

Foodshare - No Cost (Produce, bread, non-perishables)

Functional Fitness - \$4M, \$7NM - On hold

Fusion Fitness - \$4M, \$7NM - On hold

Jubilee Clarinet Choir - \$2M, \$5NM

Learning for Life - \$2M, \$5NM

January 25th - Current Events Discussion Group

Pickleball - \$4M, \$7NM - On hold

Seated Exercise - \$4M, \$7NM - On hold

Silver Threads Singers - \$2M, \$5NM
Resumes January 18th

Snooker - \$2M, \$5NM

Table Games (Scrabble, Cribbage) - \$2M, \$5NM

Table Tennis - \$2M, \$5NM - On hold

Victoria Computer Club - \$2M, \$5NM
January 4th - "No More Viruses"

January 11th - "Photo Group"

January 18th - "Looking Good With Images"

Walking Group - No Cost

Weaving - \$2M, \$5NM

Woodcarving - \$2M, \$5NM

Monthly Programs

Afternoon at the Movies - \$2M, \$5NM

January 18th - "Nomadland"

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